Application # 10/648,409

> Submitted Delmary 2005 Replacement Sheet

STEVEN ANTHONY SMITH 30075 NW CAPEHORN ROAD **BUXTON, OREGON 97109 USA**

CLAIM

1. A walking aid and exercise device, used in pairs, comprising: a flexible shaft which is curved along its longitudinal axis, concave to the plane of forward motion; a contoured, removable handgrip which attaches to the upper end of the shaft, and is angled approximately 15 degrees forward of the vertical axis of the shaft; a removable tip at the bottom of the shaft.

 $2\sqrt{1}$ The device of claim 1 wherein the length of the device is in the range of 36 to 60 inches.

Original Claim I is ear allal star claim #1 above

I claim:

: Application # 10/648, 409 . Original Claim What I claim as my mountion is the flexible, shock absorbing,
power releasing shaft of my wolking reed to amend - more precise (See epamples) used in pains d'alami. 1. A walking and + efenance device tompringe e Blehle slaft anved slong på alown Concore? For the plane of forward motion 2. Some divice béleveen 36-6 Add ta 1. handgrip deserie, angle 150 AND removable AND tip 3 parts & device main part is Vstrott